

Tilapia Fillets

Tilapia have a mild, sweet flavor with a firm light pink texture and moist flakes.

Our Tilapia Fillets are farm raised in a tightly controlled environment where water purity, diet, and overall health of the fish are constantly monitored to ensure mild flavor, producing a clean and safe product.

Tilapia is an ideal part of any healthy diet. It's high in protein, low in cholesterol and saturated fat. A great part of a heart- healthy diet. Taste the difference that our special trim makes. SouthFresh Tilapia fillets are now available in portion controlled individually vacuumed packages that lock in that farm raised freshness. This offers zero labor, no waste, 100% protein.

ITEM #	PRODUCT	DESCRIPTION	PACK	DIMENSION	Ti x Hi
99977	3-5 oz Fillet IVP	CO, Shallow Skin	10 lb box	13 x 9 x 4	10 x 12
99978	5-7 oz Fillet IVP	CO, Shallow Skin	10 lb box	13 x 9 x 4	10 x 12
99979	7-9 oz Fillet IVP	CO, Shallow Skin	10 lb box	13 x 9 x 4	10 x 12
99980	9-11 oz Fillet IVP	CO, Shallow Skin	10 lb box	13 x 9 x 4	10 x 12

Monterey Bay Aquarium Seafood Watch & SeaChoice.org GREEN list & “Best Choice” seafood.



SouthFresh Aquaculture LLC

